

GLORIANA CO-HEADLINES 2014 SPRING CONCERT



SHAWNA KINGSTON | NW MISSOURIAN
Gloriana, along with Jana Kramer, co-headlined Student Activities Council's 2014 Spring Concert in Bearcat Arena April 12. The concert also featured opening acts by Sarah Darling and Cannan Smith.

Interfraternity Council raises money, abuse awareness with Walk a Mile

RYAN EDWARDS
Missourian Reporter | @TheMissourian

What started out as a small group of men challenging each other to walk around in high heels through the park has grown into something more than just an embarrassing stroll. This dare between a couple of guys turned into a “worldwide movement with tens of thousands of men raising millions of dollars” for victims of rape and sexual abuse, according to the Walk a Mile in Her Shoes organization website. Created in 2001 by Frank Baird, the Walk a Mile in Her Shoes Foundation has raised more one million dollars for women victims of sex crimes around the globe. Fraternity men at Northwest took that same dare Wednesday and strapped on heels with the goal of raising more than \$500 for women who have been victims of rape and

sexual abuse. These guys are not getting away with an easy walk, either. The mile walk started at the Bell Tower and wraps around stairs and hills on campus ... in heels. “The Walk a Mile Foundation is a philanthropic organization that combats domestic abuse and rape. It’s primarily for helping women in difficult situations,” said Trevor Johnson, president of the Interfraternity Council. Johnson, who took part in the walk in 2013, says that the walk challenges you as a person but is very satisfying. “It breaks any confidence that you have [walking in heels]. You can feel the burn after six steps. The walk itself isn’t fun,” Johnson said. “But, at the end, you realize the walk is fun because you realize where the money is going.” The Interfraternity Council, Panhellenic Council and National Panhellenic Council has worked closely with the Children and Family Center in Maryville. The Center, which serves the five counties in Northwest Missouri (Nodaway, Andrew, Holt, Gentry, and Worth), provides a safe and caring environment for individuals and families who have experienced abuse. The center, along with Northwest’s Greeks, is looking to raise money for those who have been affected by acts of abuse, rape and other various sexual crimes, says Joey Prater, IFC vice president of philanthropy. “I’ve worked with the Family Center a lot, talking to them, preparing for the event and seeing how appreciative all these people are,” Prater said. “It’s really an awesome time coming together with these people for a good cause.”

Northwest no longer allowing undecided freshman majors, switching to meta-major strategy

BRANDON ZENNER
News Editor | @brandonzenner

For many students, choosing a school is hard enough. It’s just one of many decisions that a student must make during the college years. The major decision for most freshmen is, in fact, their major. Maybe you’ve known you wanted to be a doctor your whole life. Maybe you don’t have a clue. What about students who are undecided? That’s where Northwest is stepping in. Beginning with the fall 2014 freshman class, students will no longer have the option of being “undecided” or “deciding.” Instead, Northwest will begin implementing what Complete College America calls meta-majors. “The idea behind it is when students come to college and they don’t know what they want to study ... The whole idea behind a major is to give you a home,” Provost Doug Dunham said. “Those students who are undecided, we’ll enroll them into those majors.”

These meta-majors get students into courses they are interested in earlier and will be offered in four areas: business, sciences, education and university studies, which combines all other subjects. At the end of the first year, the University will then tell students they have to choose a major. Dunham says the goal of the program is making students more successful while giving them a home. “Data shows students who have that home are more likely to be retained than those who don’t,” he said. “We’re not going to have any undecided or deciding majors at Northwest. “Everyone is going to either have a major declared, or we’re going to put them in a meta-major.” According to Bev Schenkel, dean of enrollment management, there were 195 freshman in fall 2013 who came in as undecided. Those students will now be started on a determined path, and she has faith that the program will see success. “We want you to know it’s still OK to be undecided, but we’re going

to put you into a pathway. This meta-major will insure that any class you take will apply to any major within that area,” Schenkel said. “We want to help students get started earlier in the major exploration and make sure that they are learning about their options early on to keep them on time to degrees and to their completion.” Though some students may feel they are being rushed or forced into major classes, Dunham says that statistics point toward declared students lasting longer in college and becoming more successful. “We want to retain. The big issue for this is retention from freshman to sophomore year,” he said. “From a financial perspective, we need to try to make sure we keep as many students here as possible to continue our enrollments.” But at Northwest, a school with 140 majors, are meta-majors needed? The University of Missouri and the University of Kansas, schools with over 200 majors, do not put students into these programs. According to Mizzou’s undecided major guide, “your time as an undecided major can be used to explore your interests and develop fundamental skills that will be essential to your future career. If you wait to choose a major until you have settled into the University and have taken time to explore your interests and options, you may discover that your interests lie in a direction you had not imagined.” Kansas places undecided students into the College of Liberal Arts, where they take can arts, natural sciences or even humanities courses. What made Northwest decide on the route of meta-majors? Dunham says though they will help retain students and make them job prospects, it will be a learning curve while the University tinkers with the program. “Anytime you implement something new, it will possibly be clunky at first. I think that there’s a lot of good planning that has gone into it, but there could be some unattended issues that come up,” he said. “I think this makes a lot of sense, and I hope the incoming students will appreciate this.”

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| Good Friday Art Exhibit: Student Juried Show – Fine Arts Building Bearcat Track and Field – @ Warrensburg, MO 9:00 a.m. Java w/Jazz – Fine Arts Building 10:00 a.m. Yearbook Distribution – Student Union 1:00 p.m. Baseball @ Emporia 3:00 p.m. Men’s and Women’s Tennis @Newman | University 3:00 p.m. STOA Talks – Gina Haag “Stalin or the Bomb” – Valk 7:30 p.m. Theatre Northwest Lab Series: The Women of Lockerbie – PAC 8:00 p.m. Brass Ensemble Concert – Fine Arts Building |
| Saturday, April 12 | |
| Art Exhibit: Student Juried Show – Fine Arts Building 10:00 a.m. Colorguard Auditions – Fine Arts Building 12:00 p.m. Baseball @ Emporia | 1:00 p.m. Bearcat Soccer Alumni Game – Bearcat Pitch 7:30 p.m. Theatre Northwest Lab Series: The Women of Lockerbie – PAC |
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Nodaway County ranked healthiest in Missouri

BRANDON ZENNER
News Editor | @brandonzenner

Despite students' late night pizza orders and weekends at Burny's, Nodaway County has somehow found a way to climb atop Missouri's rankings for the state's healthiest county.

The Robert Wood Johnson Foundation released the results ranking every county across America. Nodaway County placed high within several categories in comparison to the rest of the state, including first out of 115 counties in health outcomes based on how long people live and how healthy people feel while alive.

Nodaway County also ranked fifth in health factors, or what influences the health of a county. The factors are an estimate of the future health based on health behaviors, clinical care, as well as social, economic and physical environment factors.



Dr. Gray Cox

Dr. Gray Cox, St. Francis Hospital and Health Services president, says the results are reassuring to the county and prove the quality of life in the area.

"Our community speaks for itself in regards to the lifestyle that is afforded here," he said. "It appears that our community in general feels that they can come see us regardless of their ability to pay, so that's something that the health system has been able to provide."

According to the data released by RWJF, Nodaway County ranks first in Missouri and in the top 10 percent of the nation with the fewest premature deaths.

Nodaway County averages 5,091 deaths before the age of 75 per 100,000, lower than the national average.

Nodaway County also scored well with low teen birth rates, sexually transmitted infections and adult smoking.

Josh McKim, executive director of the Nodaway County Economic Development Team, said the

results should be attractive to potential businesses and residents.

"One of the key components in business retention and expansion is the quality of life," he said. "A very key quality of life is health care and the ability of people to stay healthy."

"It's good for our community because it can be promoted as a healthy place to live, and it should be able to attract business and other people to come to our community."

Though ranked in the top five in both health outcomes and health factors, there were still areas in which Nodaway County fell behind state and national averages.

Nodaway County was below the Missouri average in physical activity and access to exercise opportunities and reported only 52 percent of adults with some college education, below the state average of 63 percent.

"We have many issues. We're far from perfect here," Cox said. "We have obesity problems ... we still have smoking. There's still lots

| RANK | HEALTH OUTCOMES | RANK | HEALTH FACTORS |
|------|-----------------|------|----------------|
| 1 | NODAWAY | 1 | PLATTE |
| 2 | ANDREW | 2 | BOONE |
| 3 | ST. CHARLES | 3 | ST. CHARLES |
| 4 | PLATTE | 4 | OSAGE |
| 5 | CHRISTIAN | 5 | NODAWAY |

of opportunities that our community has to advance their health."

The statistics show that the services offered by facilities, such as St. Francis, are playing a positive role in the community. Nodaway County scored in the top 10 percent in the country for ratios of primary care physicians, dentists and mental health providers.

The county does more diabetic screenings and mammography

screenings than the state average and also provides cheaper health care.

Though Cox says there is only so much health services can do, the award speaks a lot to the effort made to provide quality care to Nodaway County.

"Our health providers here are very pleased to know they're a part of a county that's proven to be as healthy as they are," Cox said. "People take a good deal of pride in that."

Ticks spreading recent Heartland virus throughout Northwest region

SHANE STEELEY
Chief Reporter | @TheMissourian

As summer comes closer and closer, so do the bugs, especially ticks. Some of these ticks may even be carrying the recently discovered Heartland virus.

This virus was first discovered around 2009 at Heartland Hospital in St. Joseph, Mo. Most of the cases have been discovered in Northwest Missouri but one has made it all the way to Tennessee.

According to Dr. Scott Folk, discoverer of the virus, it is most likely passed by lone star nymph ticks. The symptoms can be really severe and hard to combat due to the disease's recent discovery.

"Back in 2009 when we first identified it, I saw two gentlemen who had tick bites. They had chills, fever and a low white blood cell count. I thought they had ehrlichiosis, a common disease," Folk said. "After this medication is given, people start to look and feel better, but these gentlemen continued to feel bad for eight to 10 days. So we sent a blood test to the CDC, and they ran Arliche tests and saw they didn't have it."

This is the first new disease discovered in America in more than 20 years, and while only six people have contracted it, there has been one fatality. According to Folk, the most effective way of preventing Heartland virus is to make sure people avoid getting bitten by ticks.

"Farmers, forestry workers, people who work outside or choose to spend time outside are the most at risk," Folk said. "Use anti-tick spray, remove ticks with tweezers and do frequent tick checks to prevent these problems."

Since the disease was discovered in Northwest Missouri, the NCHC has taken action to promote awareness of the danger it poses. Della Rhoades, administrator of Nodaway County Health Center, realizes the importance of making sure people are safe during the upcoming months.

"The CDC had never seen something like this before," Rhoades said. "We have focused on education to get citizens to think about what they are doing and being smart about it."

As warm fronts begin to make their way to Northwest Missouri, it is still important to



LAUREN MCCOY | NW MISSOURIAN

Thom Alvarez, incoming Maryville High School principal, meets with faculty and staff to discuss student progress and end of course assessments April 16.

Northwest grad appointed head of MHS

LAUREN MCCOY
Asst. News Editor | @McCoy014

Jason Eggers has left the building ...

In the fall of 2014, Eggers is making the move from Maryville High School, where he serves as principal, to the state capitol, where he will serve as assistant principal at Jefferson High School.

Not only is the city itself larger, Jefferson High School has around 2,500 students as opposed to Maryville's 465 students in grades nine through 12.

"(I'm) taking an opportunity to challenge myself a little bit more," he said. "... It will be different, definitely; it'll be a bigger city than we're used to living in, but I think I'm up for the challenge and up for the opportunities," Eggers said.

Before spending seven years as MHS principal, Eggers spent seven years in Mound City as a principal.

"Seven seems to be my number," he said with a laugh.

Stepping up to take his place is MHS assistant principal Thom Alvarez.

"I'm really excited about the opportunity," Alvarez said. "We have a great student body that is high achieving in all areas, so I couldn't be more excited."

Alvarez said he hopes to continue the tradition of striving for excellence within the classroom and keeping the focus on education.

"I think the most important (thing) is we do a really good job academically here at Maryville High School," he said. "We have a lot of kids in the Scholars 100 program and achieving 30 or above on the ACT."

Eggers will not only be an assistant principal in the big city, but specifically assistant principal in what the district is calling academies.

"Next year, they're going to what they call academies based on career paths," he said. "Each assistant principal will be at an academy, and I'll be with the industrial engineering and technology academy."

Jefferson High School is moving to what Eggers called a progressive curriculum where the subjects are integrated within each other to provide students the opportunity to explore and develop career skills before entering college.

"(With) my experience working with the tech school here and having one connected to us, some of the opportunities we've had working with staff there ... they thought I would be a good match," Eggers said regarding his new position.

Eggers will oversee the science, technology, engineering and mathematical classes as well as

classes that include auto body work, auto mechanics and other building trades.

Superintendent Larry Linthacum expressed excitement as well about Alvarez continuing in a position of leadership for the district.

"We believe he can build upon the strengths of Mr. Eggers and continue to move our high school toward our district goal of becoming a model school district," Linthacum said. "We recognize and appreciate the efforts of Mr. Eggers and wish him luck in the future."

As Eggers and Alvarez trade titles, they are echoing each other's pasts with the move from one type of city to another.

Alvarez came to Maryville from Los Angeles, Calif. in 1992 to receive a bachelor of science in history from Northwest. After graduation, he moved back to California, where he was certified in teaching and taught for a few years before realizing he wanted something different.

"Never did I ever think I'd be back in the Midwest after I moved back to Los Angeles, but it didn't take me long to realize I missed it here," Alvarez said. "I really appreciated Mr. Eggers for all he's done for me and the mentoring he's done with me since I've been working with him, and I'm just really excited for this opportunity."

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ASSOCIATED PRESS

This May 4, 2011 image shows host David Letterman, left, shaking hands with fellow talk show host Stephen Colbert of “The Colbert Report,” during a surprise visit on the “Late Show with David Letterman,” in New York.

CBS should let Colbert be Colbert



THOMAS DRESSLAR
Opinion Editor

Last week’s announcement that Stephen Colbert will replace David Letterman as the host of the “Late Show” struck a chord with me.

The character I know and love will be laid to rest at CBS in favor of a more nuanced, uncontroversial Colbert who will appeal to a network audience. While Colbert is no doubt deserving of a promotion, this move could eliminate what made Colbert a political and cultural icon.

Since I can remember, listening to Colbert and Jon Stewart skewer media pundits and politicians has been one of the few things I looked forward to every night. Without fail for almost 10 years, my father sat down with me every night to watch the satirical pair tackle the day’s complex political issues.

When I was young and didn’t quite understand politics, he was there to explain to me who or what Colbert was mocking that night.

I owe my interest in politics and current events primarily to my father, but Colbert was almost as instrumental. In a way, hearing that Colbert was switching teams was akin to a child

hearing his favorite hometown baseball player was sold to the New York Yankees for a higher salary.

While I admire Colbert too much to call him a ‘sellout,’ I fear going to CBS will rob him of his edge. It’s that edge that has prompted him to stage massive political rallies drenched in satire as well as political stunts to make clear points. The character Colbert plays on the “Colbert Report” may be too controversial for network TV, but he will be sorely missed in American political discourse.

Take his appearance at the 2006 White House Correspondents Dinner. Standing only a few feet from former president George W. Bush, Colbert delivered a searing comedy routine that lambasted both the Bush administration and the media. Despite getting silence from the Washington insiders at the event, Colbert’s performance went viral, garnering millions of views on blogs and news websites.

More importantly, this speech was given at a time when many people not only disliked Bush, but felt that the media had not done its job in keeping his administration in check the past few years. Aptly summed up by TIME’s James Poniewozik, Colbert’s performance had become “the political-cultural touchstone issue of 2006—whether you drive a hybrid or use the term ‘freedom fries.’”

Another difference between Colbert and most traditional late-night hosts is that his comedy machine

keeps churning well after the show is over. In 2011, he launched Colbert Super PAC, a political action committee that took a satirical look at the state of campaign finance following the Supreme Court’s decision in Citizens United v. Federal Election Commission. Colbert made a mockery of the court decision that allowed corporations to make unlimited, anonymous donations to political campaigns.

While Colbert’s stunt began as a comedy routine, it took a complex political issue and turned it on its head, allowing everyone to see how ridiculous the decision really was.

Colbert has become a giant in American satire. He’s coined several new words, run for president, held a rally on the Washington Mall and has even testified before Congress on behalf of migrant farm workers. Every time a media personality or politician slips up, you can count on Colbert’s response to be grabbing headlines the next day.

That’s what scares me about his move to CBS. A move to a new network and a diverse, large audience could stifle his creative zeal and his penchant for tackling the tough issues of the day. CBS will likely not allow him to alienate half his audience by poking fun at a controversial issue.

Despite my concerns, I have faith in Colbert to continue his reign as satirist-in-chief even at CBS. I will always be a card-carrying member of Colbert Nation.

OUR VIEW: New city councilors can shake things up

The race for Maryville City Council was not close. From very early on, many of us here at the Missourian almost knew which two candidates among the three running would be sworn into office last week.

Though their victory was a near guarantee, the new makeup of the City Council should excite all who call Maryville home, especially students.

As with any political election, hopes are high immediately following the final tally of the ballots. So we will try to avoid any rash predictions before any of the new councilors enter the council chambers for a meeting. However, it’s safe to say that the election of Tim Shipley and Rachael Martin should shake things up, even in a small town like Maryville.

While many may see local city council elections as trivial, the actions they take ultimately affect everyone in town one way or another. Students experienced this first-hand during the controversial City Council meetings regarding the proposed alcohol ordinances.

If any students were upset with the City Council during that time, the fresh faces elected last week could prompt a change of heart.

No longer is the council dominated by longtime elder, male statesman of the community. Now, three of the five councilors are under 40 years old, and two are women. That’s not to say that changing demographics of the City Council will surely steer

Maryville in a positive direction. Rather, they provide a fresh voice on the council that seemed to be absent during recent City Council meetings.

For Northwest students, having alumni closer to their age on the Council should give hope to those who think City Council doesn’t act in the best interests of the student body.

The partnership between the city and the University should strengthen following this election. Amidst the controversy surrounding the bar age and alcohol ordinances, many Northwest students and faculty lost trust in the City Council.

With the election of Shipley and Martin, those severed ties should be repaired if not completely fixed. They could even repeal the misguided ordinance to raise the bar age passed earlier this year; however, that seems like a long shot.

Councilwoman Renee Riedell, who voiced strong opposition to the bar age increase, will take over as mayor following Jim Fall’s departure. While the mayor may not wield more power than the rest of the councilors, we can only hope her leadership might affect the outcome of the several other alcohol ordinances before the City Council.

Expectations are high for the new councilors, and while political campaigns are often filled with empty promises, The Missourian hopes this one will be different.

Career Pathing program fails to accomplish goals



JACK OTIS
Contributing Columnist

For those of you who work on campus, you have heard of the Career Pathing program here at Northwest. The program offers professional development seminars to all employees on campus for free and compensates you for your time.

Attendance to these events, good on-the-job performance and time allows a student to achieve a 25-cent raise and an increase in title every year. The program was created in 2005 as part of a research analysis conducted by the University regarding student employee satisfaction.

One major find was that student employees felt there was little to no opportunity for pay raises or increased responsibility. The Career Pathing program’s promise of an opportunity for free and compensated professional development, however, has not fixed the core issue.

A lot of students working on this campus still feel that they have little to no opportunity to raise the issue of a raise or more responsibility now that there is a program in place. A lot of students, myself included, are asking, “since when is participation a better quality in an employee than a job well done?”

The Career Pathing program is

an amazing thing to have here on campus; no one is arguing that. The University offers free development to not only student employees, but faculty and staff as well.

This makes Northwest feel like a better place with more informed and well-trained staff on hand to deal with a wide array of issues. It offers students a hope of maintaining their position on campus while giving an opportunity for our salaries to rise as the cost of tuition increases.

However, the program needs an overhaul.

It’s time to open the strict enforcements on the program’s requirements for pay increase. Advancement in the workplace should be about your actions at work, not the availability of your schedule and class load.

Some students just don’t have the time, effort, or schedule to attend these sessions. Yet, every day at work they are exceeding expectations of their employers with no hope of advancement or a pay raise.

Why does it seem that everyone thinks more information means a better or smarter worker? Why would attending these sessions necessarily make someone a leader? The plain fact is that it doesn’t.

This program does not reward hard workers, and it’s time the University takes notice of the jobs we’re doing, not the seminars we sit through.

CAMPUS TALK

Should Northwest force freshman to choose a meta-major when arriving?



“Part of me likes the idea because it helps students explore majors. At the same time, I don’t know if students should be forced to choose.”

Kofi Duah
School Counseling



“People change their majors all the time, so I don’t think the change is a big deal.”

Emily Foltz
English Education



“I think the meta-majors will work better for me. I know a broad direction of where I want to go, not a specific one.”

Mitch Ratan
Undecided



“I think it will create problems. Not everyone knows what they want to do when they come to college.”

Skylar Morris
Psychology/Sociology



“I think its an OK idea. I just want to know the motivation behind it. Why do freshman need to be put in a major all of the sudden?”

Colby Cross
Communications

‘Meta-majors’ force unfair choice on freshman



BRANDON ZENNER
News Editor

College is a stressful time. You have to balance grades and a social life while finding time to sleep, and it seems you can only have two of the three. The truth is that college is about making sacrifices and tough decisions.

I learned last week of Northwest’s plan to implement meta-majors, or the University helping give students a “home” in a major that fits their interests. I’m not going to lie, I was enthused to learn and speak to the administration about the idea. While University officials had really good points, as a student, I don’t necessarily agree with their thoughts.

“What college are you going to? Who are you rooming with? What are you majoring in?” The weeks and months leading up to high school

graduation through summer orientation are some of the most annoying and difficult a potential student will go through. It doesn’t get much easier once you step foot on campus either.

Students choose a university for the purpose of getting a valuable education, yes, but they also want to get the most of their college experience. Going about selecting a major when you’re ready is perfectly fine and part of the maturity that comes in college. Hell, Cappie from the show “Greek” declared his major after five years. Though I don’t recommend waiting that long, the power of choice should be given to students when we are ready.

I do get it. Universities have to do what they can to bring students in, retain and graduate students and get state funding. That’s the same thought behind most administrative programs and actions. Lather, rinse, repeat. However, why force a student to choose a major before taking a single college class?

That part, I do not understand. You can say general education

classes are intended to make students well-rounded and prepared citizens. But if you are making students choose what they want to do the rest of their life after one year in school, I think that is counterproductive.

Part of the college experience is the learning away from the classroom. The thoughts swirling around in your mind on weekends at the bars. Experiencing live music with some buddies. It’s all part of growing up at your own pace, and the University is trying to take that away.

When it comes down to it, students should be advised, but left to make their own choices.

Tom Petty said it best. “You have four years to be irresponsible here, relax. Work is for people with jobs. You’ll never remember class time, but you’ll remember the time you wasted hanging out with your friends. So stay out late. Go out with your friends on a Tuesday when you have a paper due on Wednesday. Spend money you don’t have. Drink ‘til sunrise. The work never ends, but college does.”

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ILLNESS

CONTINUED FROM **A1**

“She said I didn’t laugh, I didn’t eat, I didn’t really do anything... I just sat there like a zombie,” he explained. “When I went on a trip with my dad to Mexico, she conveniently forgot to pack the medicine, and never spoke of it since.”

After his mother took him off the Adderall, Valles’ life began to spiral out of his control and he had no idea why.

For senior Cameron Moore, being taken off medication was not an option after being diagnosed with type 1 diabetes at 14.

“I am the first person in my family to have Type 1 diabetes,” Moore said. “So there was no reason to think I would get the disease. However, I began losing significant amounts of weight ... the weight kept disappearing even when I stopped exercising frequently.”

For some students, their bodies betray them in other ways. One student came to Northwest in search of a fresh start from the heroin addiction that tormented her. She asked to remain anonymous so for the purpose of this article she will be referred to as Lucy Anderson.

“The definition of addiction for me is (the) behavior,” Anderson said. “It’s more of an obsessive compulsive behavior, and I’ve had that as far back as I can remember.”

Looking back, Anderson said she could see the pattern of addiction and compulsive behaviors from a young

age. When she moved to Rolla at the age of 13, these behaviors manifested in the form of an addiction.

“A lot of people who have addiction will tell you they felt like they didn’t fit in; they weren’t happy with themselves,” Anderson said. “It doesn’t come from a bad childhood or a bad background; it’s just not being comfortable in your own skin.”

Anderson said she came into Rolla feeling out of the loop, and there she encountered the first influences that began her seven-year battle with addiction. What began as pills and marijuana turned into an opiate addiction that controlled her life.

“Unlike some of the people I started with, once I latched onto something, I couldn’t stop,” she said. “For me, addiction is you grab onto something and you use it up as fast and as hard as you can, even past negative consequences. Since then, it just got harder and harder. Anything I could find, I would try.”

Valles was constantly told by elementary and middle school by his teachers, his mother and other family members that he wasn’t behaving how he was supposed to. Valles even had a teacher say to him he would be surprised if Valles successfully graduated.

“They said, ‘I wish you behaved better,’” he said. “‘I wish you were more normal,’ basically.”

It was in high school that Valles discovered what his mother had hidden from him long ago: a name for the difficulties he had dealt with his entire life.

“I was doing a research project

for one of my psychology classes over ADHD,” he said. “I kept reading the different symptoms and looking at it, and I was like, ‘I relate to a lot of this stuff; I have all these difficulties.’”

He brought what he had found to his mother’s attention and was surprised to learn he had been diagnosed with ADHD at a young age, and even more surprised to learn his mother had never really connected his misbehavior and trouble in school with the diagnosis.

Moore’s mother was on the opposite end of the spectrum. After realizing something was seriously wrong with her son, Moore found himself on his way to the doctor.

“I went to the doctor’s office and found out that my weight loss was due to undiagnosed type 1 diabetes,” he said.

“It affects my everyday life immensely.”

Moore said he has to measure the carbohydrates for every meal or snack and deliver the right amount of insulin to match it. Although he describes his lifestyle now as “second nature,” he said the first year or so was a difficult transition period, and it is still a challenge balancing life with his diabetes.

Anderson also had a difficult transition period when she moved herself from Rolla to Maryville and

began again the process of attending college after bombing it in Rolla, where she “couldn’t go if I didn’t have my fix.”

“One reason it was so hard when I got here was because I felt so different,” she said. “All of the stuff I had gone through, so much failure; so much strife... then I come around what I perceive as innocent people compared to me.”

Valles said even after he brought his research about ADHD to his mother’s attention and she confirmed he had once been diagnosed with it, she continued to put off helping him see a doctor.

“It was like she didn’t want me to be re-diagnosed with ADHD,” Valles said.

He finally took matters into his own hands after arriving at Northwest with an email to the Wellness Center and an evaluation with licensed psychologist Mike Maddock.

The Wellness Center Personal Development and Counseling Services provides students the opportunity to deal with these invisible issues and tools to balance the already stressful combination of everyday life and college.

According to the University website, there is no one thing people see the various counselors for. The most commonly identified concerns for

Northwest students are relationships, stress and anxiety, depression and family issues.

For Anderson, her illness carries a large amount stigma. She not only recognizes it, she challenges it.

“I think a lot more people struggle with it than they even realize,” she said. “I see students younger than me partying ... but the difference is some of them, it hurts them. You can see the negative consequences building up, and part of me wants to tell them ‘be careful.’”

As Anderson adeptly described, invisible illnesses are often things people refuse to recognize because there are no physical symptoms.

“If you’re not bleeding, you’re not hurt,” she said.

Anderson believed the issue begins way before substances come into the picture, and that there “is a stigma, but there shouldn’t be.”

“It starts with low self-esteem, isolation, all that stuff...,” she explained. “I’d rather be an advocate. It doesn’t bug me that there is a stigma because I can show someone what it looks like when someone makes it.”

Online



See Anthony, Cameron and Lucy’s full story at nwmissourinews.com

ELECTIONS

CONTINUED FROM **A1**

“The media does not talk about them like a presidential election. People should be voting for their local representation, though.”

Newly elected Councilman Tim Shipley feels this low turnout is due to a lack of knowledge by the voters on what they could or could not vote for.

“I think there needs to be education on who can vote for what. There were many people in the surrounding areas who did not know they could vote on the gravel tax or the school bond,” Shipley said. “I think the people of Maryville need to know there are more things that happen

in city government ...”

Cody Uhing, Student Senate president, believes the low turnout by the students is due to the alcohol ordinance forums and the lack of major issues on the ballot.

“I would say... that the student involvement died out by April, which was due to the education that showed the ordinances were not that bad,” Uhing said. “There weren’t any really big issues. It’s April in 2014’ it’s not aligned with a primary, and there is just a decrease unless there is a big name. I do think the students should be involved in the process. The majority would be better served if they voted.”

While the low turnout can be disheartening for some, changes are on the horizon for Maryville with new funding for schools and the addition of two new City Council members.

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Blotter from the University Police Department

| | | | | |
|---|--|--|---|--|
| April 9 A summons was issued for assault at the Rec Center. | A summons was issued for stealing at the Owens Library. | A summons was issued for stealing at Papa John's. | nor in possession at Hudson Hall. | April 14 |
| April 10 | April 11 A summons was issued for threatening communication on social media. | April 12 Two summonses were issued for mi- | April 13 A summons was issued for stealing at Lot 42. | A summons was issued for stealing at Lot 62. |

Blotter from the Maryville Department of Public Safety

| | | | | |
|--|--|--|---|--|
| April 4 Juwan D. Williams, 21, Kansas City, Mo., was charged with possession of marijuana, possession of drug paraphernalia and equipment violation at the 1200 block of North Main. | Cameron R. Harmeyer, 20, was charged with minor in possession at the 600 block of South Main. | was charged with driving while suspended, failure to maintain financial responsibility and failure to register a motor vehicle at the 100 block of South Main. | dent driving. | block of North Fillmore. |
| Jeremiah R. Hill, 22, Blue Springs, Mo., was charged with possession of marijuana at the 1200 block of North Main. | Margaret K. Veer, 20, was charged with driving while intoxicated, minor in possession, open contain in a motor vehicle, careless and impudent driving, failure to maintain right half of roadway and failure to yield to an emergency vehicle at the U.S. Highway 71 bypass. | Anthony L. Dupree, 26, was charged with failure to register a motor vehicle, and failure to maintain financial responsibility at the 100 block of North Main. | An accident occurred on U.S. Highway 46 between Frederick W. Rohs, 25, and Rene I. Burson, 50. | April 13 Susmith-Reddy Siddipeta, 23, was charged with permitting a peace disturbance at the 1100 block of North College Drive. |
| April 5 Jamie E. Evans, 20, was charged with driving while intoxicated, failure to maintain right half of roadway and failure to maintain financial responsibility at the 200 block of East Torrence Street. | April 8 An accident occurred at the 100 block of West Lincoln between Jodi D. Holmes, 21, and Irmalee M. Schieber, 88. Holmes was cited for failure to yield. | An accident occurred at South Main and East Lieber between Edwin J. Makings, 28, and Alexander E. Verbrugge, 20, Blue Springs, Mo. Makings was cited for careless and impru- | April 12 Calvin R. Utt, 19, was charged with minor in possession at the 300 block of North Market. | There is an ongoing investigation of property damage at the 500 block of West Fourth Street. |
| April 6 | April 10 Peyton J. James, Stanberry, Mo., | | Carter M. Gladstone, 19, was charged with minor in possession and open container in a motor vehicle at the 500 block of North Fillmore. | There is an ongoing investigation of property damage at the 600 block of West Third Street. |
| | | | Brendan E. Jensen, 19, was charged with minor in possession at the 500 | An accident occurred at the 700 block of East First Street between Cassie M. Swanson, Overland Park, Kan., and Douglas K. Lonn. Swanson was cited for careless and impudent driving. |

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CROSSWORD

By Peter A Collins

Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

Across

1 Israel's Barak
5 Half an S-curve
8 Carol beginning
14 Honeymooner's island destination
16 Juice for Zeus
17 *""Press Your Luck"" contestant's cry
18 Bronx-to-Coney Island subway
19 *What sputtering might indicate
21 Dr.'s specialty
22 Not just centuries
23 Big name in smooth jazz
27 ___ Nui: Easter Island
28 Netherlands carrier
31 Melville novel
32 Card for tomorrow?
33 Big Apple sch.
34 *Aid for the short?
38 Chase Field team, on scoreboards
39 Betelgeuse's constellation
40 Plenty
41 "The Spanish Tragedy" playwright Thomas
42 Nippon noodle
43 Immunity agents
45 Vermeer's "Girl With ___ Hat"
46 Sale abbr.
47 *Glee club on "Glee"
53 San ___, Argentina
54 Ignore warnings, say ... and a hint to the last words of the answers to starred clues
57 "Father of American Universalism" Hosea ___
58 Close way to fight
59 Mum
60 Dash lengths
61 "Critique of Pure Reason" philosopher

Down

1 Diminish
2 ___ polloi
3 Drive
4 Denounce
5 Urban planner's concern
6 "___ you clever!"
7 "Mercy Mercy Me" singer
8 Longest-serving KGB chair-man (1967-'82)
9 Go boom
10 Neutral paint choices
11 Wild guess
12 Shadow
13 Ballyshannon's river
15 Tiger's concern
20 Enter hurriedly
23 Brand for shooters
24 Polishing agent
25 "I pass"
26 "Kidding!"
27 Make fun of
28 Lugubrious chime
29 Antibacterial brand
30 They're not optional
32 Transistor's forerunner
35 Longish club
36 Call for a pizza, say
37 "___ wind, ___ rain— ___ golf!": Scottish adage
43 Kids' rides
44 Lara of "Tomb Raider"
45 Mystify

Answers from Apr. 10

DEC NAVY ERODES
ISOLATES GENEVA
SAMEHERE RAINED
KIEV ORIEL
DIGIN IIT SABOY
REY ALIBI THERE
END ROCA ISLAM
CARIB ABE NOLTE
AMANA AMOK BON
NOMSG CRONE ORI
TRAPEZE TAROT
SOLTI STOP
SAFE CO ACTALONE
SLALOM GOODOMEN
ELBOWS SNEE SAT

HOROSCOPES

MetroCreative

ARIES - Mar 21/Apr 20

LIBRA - Sept 23/Oct 23

Taurus, a few kinks still need to be worked out, but your master plan will soon be in place. Start putting the wheels in motion and your work won't go unrecognized.

Scorpio, do your best to get all of your ducks in a row this week. Keep distractions at bay and don't allow social engagements to take precedence over more pressing matters.

TAURUS - Apr 21/May 21

SCORPIO - Oct 24/Nov 22

Gemini, you are great at creating a good time out of nothing at all. Get together with a few friends and let the good times roll. Others may envy this talent.

Sagittarius, you will have to remain two steps ahead of everyone else to get a project done this week. Things are moving quite quickly now, so make every minute count.

GEMINI - May 22/Jun 21

SAGITTARIUS - Nov 23/Dec 21

You have a rare opportunity to show off your skills this week, Cancer. When your talents are on display, don't worry about hogging that spotlight. Enjoy your time in the limelight.

Capricorn. But remain calm and you will handle every challenge that comes your way. Aries provides some extra help.

CANCER - Jun 22/Jul 22

CAPRICORN - Dec 22/Jan 20

Leo, it is just what you need after a busy week in which your stamina was put to the test. Rest and recharge for a few days.

Aquarius, some may call you stubborn, but "dedicated" might be a more appropriate term. Once your mind is set, it is hard to pull you off course, and this week is no different.

LEO - Jul 23/Aug 23

AQUARIUS - Jan 21/Feb 18

Virgo, Just when you are settled in, you get pulled in another direction very quickly. Save up those vacation days.

Pisces. A big surprise is in store in the coming days.

VIRGO - Aug 24/Sept 22

PISCES - Feb 19/Mar 20

WORD SCRAMBLE

Rearrange the letters in the word to spell something pertaining to beauty.

S M E G A S A

Answer: Massage

Guess Who?

I am a curly-haired Broadway legend born on February 28, 1948 in New York. One of my first acting roles was on the "Carol Burnett Show." I have also appeared in the 1982 movie version of "Annie."

Answer: Bernadette Peters

RECIPE OF THE WEEK

POTATO AND ARUGULA OMELETS

(Serves 2)

21/2 tablespoons unsalted butter
1/2 tablespoon olive oil
4 ounces red-skinned potatoes, scrubbed not peeled, cut into 1/2-inch cubes
Kosher salt
Freshly ground black pepper
4 eggs
1/8 teaspoon cayenne pepper
8 cups arugula, stems discarded and leaves cleaned, dried and coarsely chopped*
1/2 tablespoon balsamic vinegar
6 tablespoons grated Gruyere cheese

1. Heat 1/2 TB of the butter and the olive oil in a medium, heavy frying pan set over medium heat. When hot, add the potatoes and saute, stirring often, until light golden and tender, 8 minutes. Remove from the heat and season with salt and pepper.

2. Whisk the eggs and season with a pinch of salt and the cayenne. Place the arugula in another mixing bowl and toss with the vinegar. Place the Gruyere and the potatoes each in separate bowls. Have ready a ladle for adding the egg mixture to the pan.

3. Add 1 TB of Butter to a frying pan set over medium heat. When it is hot, ladle half of the eggs into the pan and stir with the back of the fork until they start to set but are still quite liquid on the top, 30 to 40 seconds. With the fork or a nonstick spatula, lift an edge of the omelet and tilt the pan to let some of the uncooked egg mixture run underneath.

4. Sprinkle half of the potatoes, then half of the cheese, and finally half of the arugula over the eggs. Let the mixture cook until the cheese begins to melt and the arugula wilts only slightly, 30 seconds. Using a nonstick spatula, fold the omelet in half and slide it onto a plate.

5. Serve

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SUBMITTED PHOTO

Square sculpture ‘Talk-Talk-Smile’ starts abstract conversation

HALEY VICKERS
Features Editor | @Hay_dayy

Let’s start talking, Maryville. In a few months, an addition to the Maryville square is going to be starting some conversations. Faces upon faces will be talking and smiling about the abstract artist behind this new part of our community.

Les Bruning from Nebraska is the nationally recognized artist behind the upcoming, thought-provoking work.

Bruning’s abstract piece, “Talk-Talk-Smile,” will be displayed on Maryville’s square starting this summer, and it’s sure to get people thinking and discussing his vision of people.

“It’s in a series of sculptures called ‘Sweet Conversations,’” Bruning said. “The idea behind it is civil behavior in public. You know, greet your friends, greet the people where you live...”

The piece is a statue of facial profiles. But, it’s not quite what the average person would expect. The piece is made of gold-colored steel mesh and stands at around 12 feet tall and 5 feet wide on each side. And, it weighs a whopping 400 pounds.

Bruning’s work was chosen by Maryville Public Art Committee through a partnership with Sioux Falls Sculpture Walk that was made earlier this year.

Bruning has works showing all over the

country, including one of his most famous pieces, called “O! Dude” in Old Market, Omaha. He also owns his own business called Bruning Sculpture, Inc. where he works on a daily basis doing what he loves.

Bruning is known to do a vast variety of artworks; from sculptures to ceramics to painting murals, he is a man of many talents.

Art is a huge part of his life, and he wouldn’t want it any other way. He previously worked as an art professor for 37 years at Bellevue University and has lots of experience teaching and practicing art.

“My favorite part is I do what I want to do,” Bruning said. “I can create a presence in different locations and have people appreciate that and enjoy that...Their reaction is supposed to be friendly, so I’m hoping that’s the way it is. And I’m pretty sure it will be. ‘Talk-Talk-Smile’ is inviting them to have a conversation.”

The sculpture is a morphing of faces encouraging interaction between people in the community.

“They have cutouts of facial profiles. The faces come and go and change and merge and separate by and around the piece. Because its all made out of perforated materials, it has holes in it, it has a light...quality to it.”

People in the community are looking forward to the switching of sculptures this

summer.

“Honestly, out of everything that was submitted, his was the first one that jumped out to everyone that was on the committee that was selecting,” said Diane Sudhoff, Maryville Public Art Committee member.

The sculpture also has some unusual features that will be sure to add a little spice to the square and get citizens excited about art in general.

“It has solar lights mounted in it,” Bruning said. “So at dark, the lights will come on and create a light from inside of it.”

The lights will illuminate the sculpture and make it more noticeable at night and make the facial profile appear more prominent than in the daytime.

Bruning claims everytime he works on a new project, he learns something new. That is how he grows as an artist over the years. “Talk-Talk-Smile” is just one of his many artworks displayed throughout the country. It is sure to add a few more friendly conversations to the Maryville square.

“Looking back over the years, it’s the idea that sculpture is open,” Bruning said. “It doesn’t have to be a solid mass...Everytime I do something, it’s a lesson for the next one.”

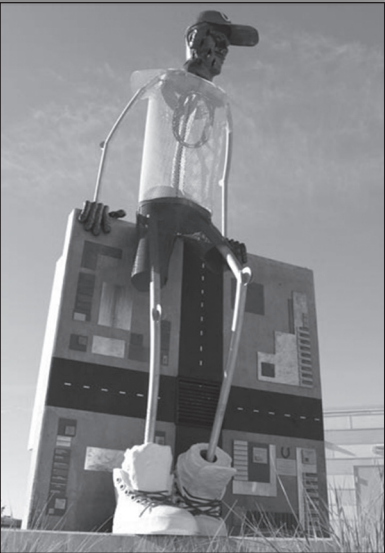
Bruning’s many years of practice, building and sculpting really morphed him

into the artist he is today. The Maryville Public Art Committee chose his art for its abstract appearance, and the reactions they are hoping to get from the community.

“We knew we wanted something that was abstract,” Sudhoff said. “It had kind of a fun attitude. It also had great scale. Because of the way our art sits out on the nodes, we need pieces that are of larger scale. So it was a good piece for us size wise. And we really liked the shine of it. We thought people would see different messages in it.”

MPAC is looking forward to how people will react to this abstract art because they have been looking to put an abstract piece in the center of town for awhile. They expect everyone in the community to react positively and be open to this unique art monument.

“I hope it is very favorable, and I certainly believe it will be...” Sudhoff said. “We want art to intrigue everyone in the community. Older citizens, young school children and University students. We want it to be interesting. A little bit controversial is great. And I think that piece covers all of that.”



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LEFT: “Talk-Talk-Smile” created by Les Bruning will soon stand tall in the middle of Maryville.
TOP: Famous sculpture, “O! Dude” is displayed in the heart of Omaha, Neb.
MIDDLE: Bruning works on a small-scale sculpture for his business.
BELOW: Bruning’s sculpture “Head of Extinction” is made of powder-covered steel.

THE STROLLER:
Your Man wants new shiny laptops, technology for Northwest

I'm tired and upset, my fellow Bearcats. I'm tired and upset because of the dang laptops we are provided here at Northwest Missouri State University—the electronic campus.

The “free” laptops we have are complete pieces of animal feces.

Every time I surf the web, it's riddled with ads, spam fills up my screen and I guarantee it isn't from porn searching (I don't need to

watch porn).

Whenever I turn on the TV, I see ads on ads on ads for new laptops and new tablets, and it's hard not to throw my P.O.S. laptop against the side of a frat house. I would love to watch it shatter into a million pieces. But I digress.

So now, I think it's time we take a stand against this obsolete technology and force the University to upgrade our technology to

reality.

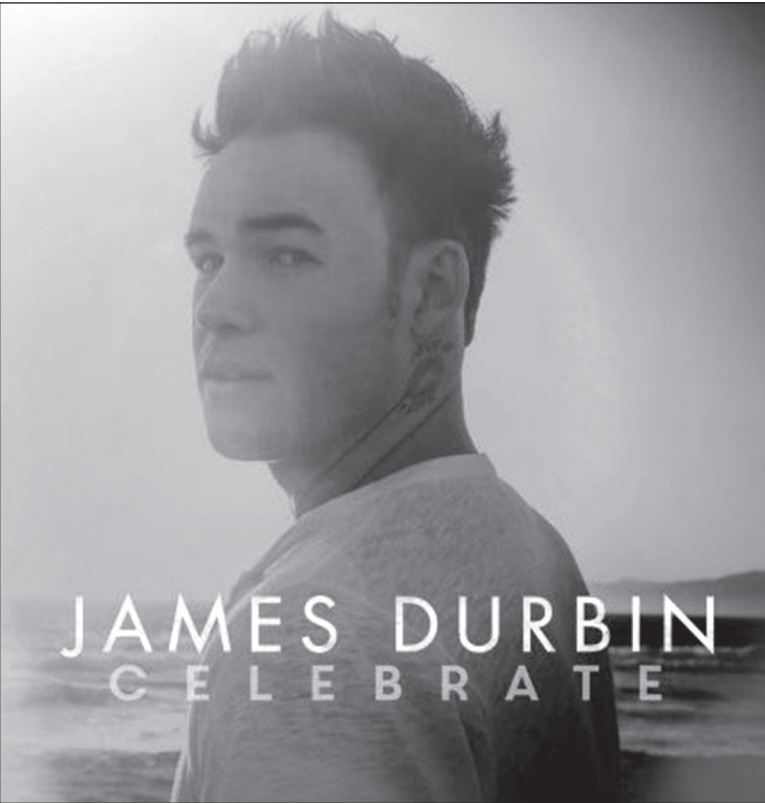
We need to get rid of these retro blocks of metal and get an iPad, a Windows tablet or a MacBook because they are the bee's knees.

I would look so cool chillin' in class, watching “Blue Mountain State” on Netflix on my iPad thingy instead of paying attention to whatever my literature professor is talking about.

What's great about getting some of the

newer tablets (take the Windows tablet, for example) is it has a keyboard you can hook to it and basically use like a laptop, but with a crap-load more awesome features.

Yo, Dr. J, you've already tested out some tablets with some of my friends on Student Senate, and they love them. So just recycle those silver pieces of crap, drive over to the nearest Apple store or Best Buy and purchase roughly 7,000 stellar tablets. Thanks, man!



EN.WIKIPEDIA.ORG

James Durbin's ‘Celebrate’ does not bring party

SAMI KRETZER
Missourian Reporter | @TheMissourian

My apologies go to the rock fans of James Durbin's first album, “Memories of a Beautiful Disaster.” They will be highly disappointed to find that Durbin no longer possesses the edgy sound he once did.

Sorry, rockers, you'll have to search elsewhere, but you may want to buy the album for your preteen sisters.

Durbin's second album “Celebrate,” which dropped earlier this week, is ideal for the 12-year-old girls who plaster their bedroom walls with posters of One Direction and Justin Bieber. Teeny pop at its finest.

Durbin first appeared on Fox's 10th season of “American Idol,” where he placed fourth. He was known for his full range and often showcased it through his selection of rock songs.

Season 10 was Durbin's second try at the reality-singing competition series. He first auditioned for the eighth season but did not advance.

Fans might have been a little surprised when Durbin released his first

single, “Parachute,” off his newest album. Its upbeat rhythm, repetition and cheesy lyrics sound like something you would expect from a boy band.

Durbin sings, “I've lost all gravity now/Like walking on the moon/Feels like I'm floating away/Without a parachute.”

It was in the song “You Can't Believe” where I had to hit the skip button before I lost all patience.

“I'm here to tell you/You can't believe what people say about you/You got to be yourself and your own virtue/You can't believe what people think about you/You've got to live the life that you were born to.”

Not that this statement isn't true, but it loses its conviction after the first 10 times Durbin repeats it in his song.

Durbin sticks a cheesy “punch line” in each song and repeats it until it dances on unbearable.

His lyrics lack a sense of depth. They're mediocre at best. While listening to “Celebrate,” you get a sudden, sinking feeling that you've heard it all before. Could it be deja vu? Most

likely, no.

You probably heard it, or some version of the lyrics, in a song from a band that started its career off on Nickelodeon or Disney Channel.

Don't get me wrong, if you're of the right age, “Celebrate” is the perfect album for you.

Children between the ages of 10 and 15 will have this album downloaded to their iPod, the lyrics written all over their Twitter feeds and Facebook walls and be playing it at every dance.

The inspirational lyrics throughout the album emphasize individuality and swimming against the current. I can't help but find the irony of it all a bit too much to handle. The only thing I will be celebrating is the end of this album.



Rating: 1.5/5
Album: Celebrate
Release Date: April 8, 2014

WHAT'S
HOT

Summer

It's almost that time, Bearcats. Your summer 2014 is approaching. Before you know it, you'll be lying by the pool and returning to your summer job. Start clearing out now. And let's take a break from the studies, which is much needed.

MTV Movie Awards

The beginning of this week was filled with glitter, glam and laughs at the MTV Movie Awards, including when Rita Ora ripped off Zac Efron's shirt when he won best shirtless performance.

Oh, Baby

Mila Kunis' baby bump is showing. Ashton Kutcher and Kunis are engaged and expecting their first child in September. The couple has been dating almost two years and met on the set of “That 70's Show.”

WHAT'S
NOT

Miley Concert Cancelled

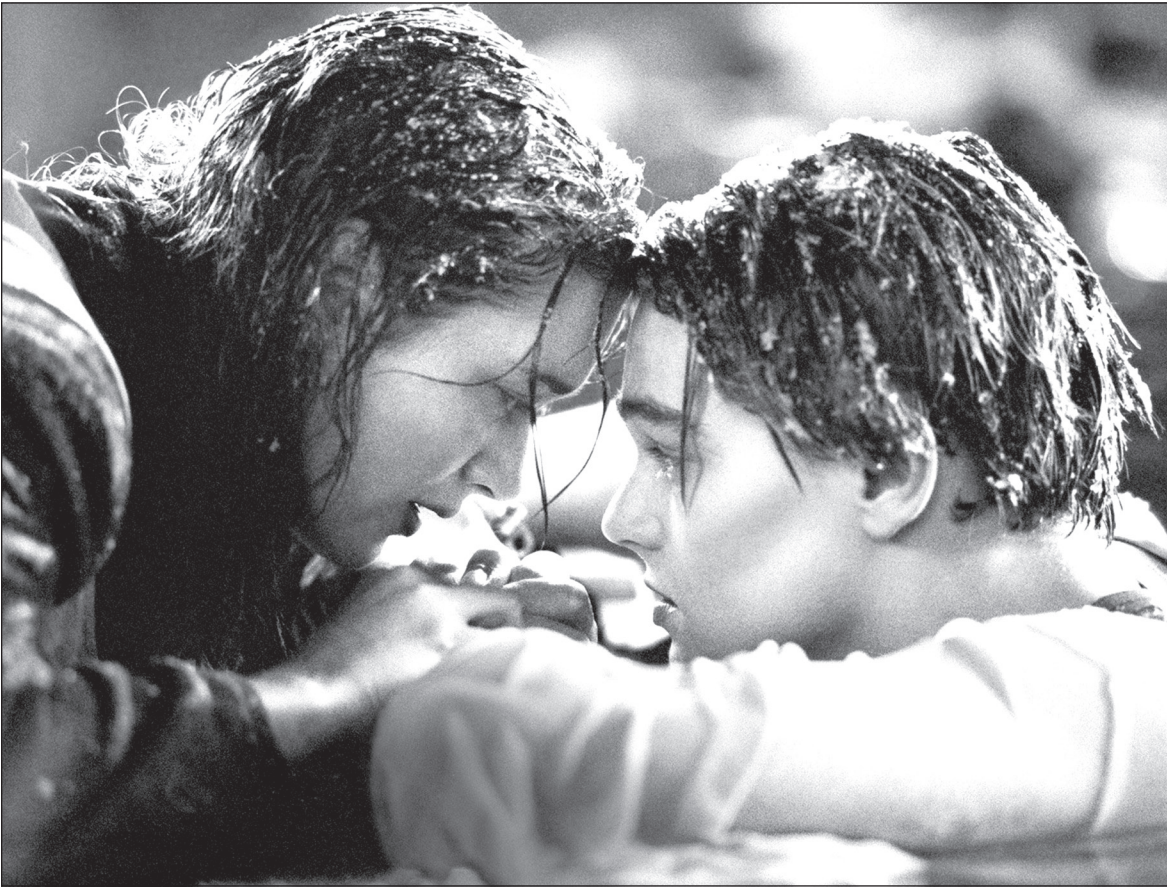
Cyrus is hospitalized due to a “severe allergic reaction” and will not be performing at the Kansas City Sprint Center. According to Miley's Twitter, she has been sick for the last couple of days. Looks like KC will not be twerking for awhile.

Voting

Nodaway County's voting turnout is still pretty poor. Only 21.6 percent of people turned out to vote, but that's up a percent from last year, so... why are we not voting, Bearcats?

Short Shorts

It's spring, ladies. No one wants to see your cheeks hanging out of the bottom of your shorts. Let's class it up and save those short-shorts for when we hit the hundreds.



MANNYTHEMOVIEGUY.COM

‘Titanic’ will never let go of passion



HALEY VICKERS
Features Editor

So...I have a confession to make, and I'm not very proud of it. I, Haley Vickers, am extremely movie deprived. A classic movie virgin. To be honest, most of the movies people watch, I haven't even heard of. My fellow Missourian staff members are beyond embarrassed by my lack of common knowledge of the great films I am so helplessly missing out on. So, for purely educational purposes, they are feeding me a “classic movie” every week to watch.

These are the films you curl up with late at night and watch over and over again as you eat ice cream straight from the tub, I'm assuming. Or at least that's what I picture myself doing in the near future.

So, after 19 years of being completely ignorant of these movie masterpieces, my time is now.

I can honestly say I think I just watched the best movie I have ever been exposed to. I'm a little bit of a nerd in the aspect that I like movies with some history, and “Titanic” gave

me just that.

The story is just incredible to begin with, but with Jack Dawson (Leonardo Dicaprio) and Rose DeWitt Bukater's (Kate Winslet) romance, this movie rocked me.

I may have even teared up a little bit...

But first, I have to point out the obvious—I despised Caldon Nathan (Billy Zane). I could just tell from the minute he appeared on screen that he was going to be a sneaky liar. He annoyed me the whole 194 minutes.

Another thing I did not understand was Rose's hair. It looked a little too red and just fake.

Other than that, this is my new favorite movie by far. The best part of the movie in my opinion is when Jack is waiting for Rose to save him, handcuffed around a pole in the lower section of the boat. The suspense almost gave me a heart attack. I was literally yelling at the TV. Especially when Rose was running around aimlessly trying to find something to free him.

I yelled something like, “No, you dumb red-head go the other way.”

Except there might have been a few profane words somewhere in

there...but I don't quite remember.

The love the two characters showed makes me want to fall in love. So sweet and innocent and simple. I think that's what every little girl dreams of...minus the part where he dies at the end. But, whatever.

Leonardo Dicaprio is like a dream. I'm just saying, what a hunk.

The cutest part of the whole film is when little old Rose has the heart of the sea necklace and just tosses it overboard with a “Whoops.”

I laughed because that reminds me of something that I would do. And the full-circle ending is to die for, as she stands over the railing on the end of the boat. How cute.

I absolutely loved this movie. And now I know why everyone makes such a big deal about it. If I'm being honest, I want to watch it again.



Rating: 5/5
Release Date: Dec. 19, 1997
Awards: 11 Academy Awards, Best Picture, Best Director

Billboard Hot 100 Songs

1. Happy-Pharrell Williams
2. All Of Me-John Legend
3. Dark Horse-Katy Perry ft. Juicy J
4. Talk Dirty-Jason Derulo ft. 2 Chainz
5. Let It Go-Idina Menzel
6. Pompeii-Bastille
7. Team-Lorde
8. Counting Stars-OneRepublic
9. The Man-Aloe Blacc
10. Turn Down For What-DJ Snake ft. Lil Jon

Billboard Top 200

1. Frozen-Soundtrack
2. She Looks So Perfect (EP)-5 Seconds of Summer
3. La Gargola-Chevelle
4. Head or Heart-Christina Perri
5. Shakira-Shakira
6. Where It All Began-Dan+Shay
7. A Dotted Line-Nickel Creek
8. Out Among The Stars-Johnny Cash
9. G I R L-Pharrell Williams
10. NOW 49-Various Artists



CONSEQUENCEOFSOUND.NET

Avey Tare's ‘Slasher Flicks’ serves tricky tracks

KADE MAUPIN
Missourian Reporter | @TheMissourian

Don't expect blood and gore. What this record serves up is masterful psychedelic soundscapes and sonic experimentation.

Co-founder of neo-psych rock icons Animal Collective, Dave Portner, more commonly known by his stage name, Avey Tare, has served up another dose of trippy tracks.

His new side project, Avey Tare's “Slasher Flicks,” has a sound not unlike Animal Collective, but is more spacious and minimal sounding.

“Enter the Slasher House” is sure to sit well with any fan of Animal Collective, but will treat newcomers as well. Though the music is highly experimental, it is also undeniably catchy pop, with hooky melodies

around every corner. Nary is a note wasted throughout this funhouse of mind-bending sounds, and it becomes clear that Portner and his new group have mastered their craft.

In the album's lead single, “Little Fang,” Avey yelps “You're something special/Want you to know you are/ your makers must have kissed in cosmic dust.”

The second single released ahead of the record, “Strange Colores,” is a psychedelic, kaleidoscopic, sonic painting full of interesting twists, turns and instrumental surprises. This track is especially fresh-sounding, and may be some of Portner's most radio-friendly work to date. “Slasher Flicks” is filled out by Angel Deradoorian on bass and Jeremy Hyman on drums. Deradoorian is a former member of Dirty Projectors and opened for Animal Collective on

their most recent tour, which included an incredible show that I was able to attend in Kansas City.

Hyman was formerly a member of the group Ponytail. It sounds as if this lineup of members has plenty of room to shine, and the songs are never too complicated or busy. “Enter the Slasher House” makes for a worthy and intriguing journey and deserves an attentive listen.



Rating: 4/5
Album: Avey Tare's Slasher Flicks
Release Date: April 14, 2014

Boys finish 4th, girls in 3rd at ‘Hounds’ home meet

TYLER BROWN
Chief Sports Reporter | @NWMSports

The Maryville track team will have a tall task ahead of it when it hits the road for its most challenging meet to date.

The Spoofhounds head to Winnatonka to take on some larger, talented schools today.

Head coach Lori Klaus wants her team to embrace the underdog approach and take advantage of the competitive opportunity.

“We are going to see some bigger schools,” Klaus said. “We are by far the smallest school there. They are some very big Kansas City schools, so I just want our kids to see that completion and rise to the occasion.”

While the ‘Hounds prepare for Winnatonka meet, they have an opportunity to build off the Northwest Missouri State University Invitational, where the boys placed fourth and the girls placed third Tuesday.

The Spoofhounds finished fairly well, but Klaus was hoping for better results.

“I was hoping to be top three in both boys and girls,” Klaus said. “We

did not quite get there with the boys.”

Klaus said the NWMSU Invitational was a bit of a rollercoaster ride. She mentioned that the weather might have had something to do with that, as it was below 50 degrees for the majority of the meet. The weather also prevented the team from practicing outdoors Monday.

“I think we had our ups and downs,” Klaus said. “Some kids came out and ran really well and performed really well and got (personal records). But a couple other kids maybe were not as focused or warmed up and let the weather bother them and did not perform as well.

“It was just so cold, windy today, so it was hard to get warmed up and stay warmed up.”

The bright spots in Tuesday’s invitational were the Maryville boys’ 4X100, taking first, posting a time of 44.30, as well as grabbing first place in the 4X200 where they finished in 1:32.60.

Senior Mackenzie Wallace finished first in both the 100-meter hurdles and the 300-meter hurdles posting a 16.30 and 47.80, helping the girls finish third overall.



TREY WILLIAMS | NW MISSOURIAN

Senior high jumper Adam Thompson makes the leap over the bar during Maryville’s home track meet Tuesday afternoon at the ‘Hound Pound. The boys team finished fourth, while the girls took third.

Golf struggles at tough Iowa tourney

JOEY TUCKER
Chief Sports Reporter | @joetuck311

Maryville boy’s golf did not fare well against tough Iowa competition Wednesday, finishing last in a four-team tournament.

The Spoofhounds finished the day with a team total of 334, 25 strokes behind leader Atlantic (Iowa), which won with a round of 309. Atlantic is led by senior Evan Schuler, who will play golf at Northwestern next year. Schuler won the tournament, shooting a 67.

“Just a real talented kid,” head coach Brenda Ricks said. “He’s probably the best we’ll see all year. It’s tough to compete with that.”

Sophomore Hunter Hayes led the ‘Hounds with a score of 80, finishing ninth, while senior Dustin Wolters came in one stroke behind his teammate with an 81, good for 11th.

Shenandoah (Iowa) finished in second with a total score of 320 and Denison (Iowa) came in third with a final score of 329.

The tournament was played under a shotgun-start format, with each golfer teeing off on different holes at once.

“It can get pretty hectic at times out there,” Ricks said. “It’s tough to keep up with what’s going on with all the kids playing at once.”

The greens were aerified shortly before tee time, which results in little holes on the greens to ensure they stay fresh. It can result in difficult terrains for golfers to play on, Ricks said.

“That makes it tough on the kids when they’re trying to putt,” Ricks said. “I’ve had a couple kids three, four-putt because those little holes present an extra challenge. You think you’ve hit a good shot, but it can really throw you off.”

The Spoofhounds will hit the green again at the MEC Championships at 9 a.m. April 21, hosted by Cameron.

SHENANDOAH GOLF TOURNAMENT INDIVIDUAL SPOOFHOUND RESULTS

| | |
|-----------------|----|
| HUNTER HAYES | 80 |
| DUSTIN WOLTERS | 81 |
| MATT TWADDLE | 84 |
| BRYCE FARLIN | 89 |
| LOGAN ZIMMERMAN | 93 |

| | |
|------------|-----|
| ATLANTIC | 309 |
| SHENANDOAH | 320 |
| DENISON | 329 |
| MARYVILLE | 334 |

Baseball trying to carry confidence from 1st win

CHRIS SCHOONOVER
Sports Editor | @schoon54

After starting the season 0-5, the Maryville baseball team picked up its first win of the season against Cameron Friday, giving a struggling team confidence as it hits the mid-way point of the season.

Last night, the Spoofhounds played their rematch with Savannah, but results were not available as of press time. Go to www.nwmissouri-news.com for the full-game recap from the rivalry contest.

Head coach Matt Houchin hopes the confidence from their first win can spill over to the Savannah game along with the rest of the remaining schedule.

“I think in order to sustain success, you have to keep doing what you’re doing,” Houchin said. “The kids go to work every day and work hard, such as in the cage or situational. We just have to keep them going.”

Leaving runners stranded on base and errors plagued the ‘Hounds in their first five contests, but they have been cleaning it up as they aim to add more tallies in the win column.

“We’ve had trouble putting hits

together and have been leaving guys on base,” Houchin said. “We have been getting them on, which is great, but we leave them sit out there. To be able to get those guys on and bring them in gives everyone confidence.”

Maryville’s 9-0 win over Cameron was aided by a six-run first inning, which included a two-run home run from junior pitcher Jarret Cronin.

The Spoofhounds added two runs in the fifth inning and another in the seventh en route to their first win.

“I think we just have been doing well as a team and have been playing pretty solid defense that last couple of games,” Cronin said. “At the beginning of the season, we struggled quite a bit, but we built off of it.

“We have to continue making plays on defense, and if we keep doing that, we’ll be hard to beat.”

Despite the lone win, Houchin believes the pieces are there to bounce back and put a string of wins together down the stretch.

“It took us a while to get going and, obviously, you don’t want to be sitting at 1-5, but the bright side is that we are making plays,” Houchin said. “We are right there and have a lot of great things to build on.”

ATHLETES of the WEEK



BEARCATS

Ryker Fox



In Northwest’s 4-3 victory over No. 19 Central Missouri April 12, senior staff ace Ryker Fox threw a complete seven inning game, allowing just one earned run on five hits.

Stephanie Mark



Junior first baseman Stephanie Mark earned MIAA Hitter of the Week honors after batting .484 with a .500 on-base percentage and 13 RBIs during an eight-game stretch.

SPOOFHOUNDS



Mollie Holtman



Sophomore forward Mollie Holtman tallied another hat trick against Benton Tuesday during a 10-0 win. Holtman’s goals came in the 5th, 8th and 11th minutes.

Ashton Reuter



Senior forward Ashton Reuter followed up Holtman’s hat trick with four goals of her own, all coming back-to-back-to-back-to-back in the first half against Benton.

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Softball sits in 7th in race for MIAA seed

JON POMATTO
Missourian Reporter | @NWMSports

After sweeping Lincoln April 11 and splitting with Lindenwood April 12, the Bearcat softball team will enjoy some necessary time off in the midst of this season's heated backstretch.

"This break is going to be much-needed, considering that we've felt like we have been playing constantly since the start of March," assistant coach Jay Miller said. "Every player gets soreness of some sort, and our pitchers, most of all, need this break to rest their arms and recover from a long season so far."

As the season draws to an end, the Bearcats sit in seventh place in the MIAA. With the top eight teams going to the conference tournament, the Bearcats know they have to continue to battle to make the cut.

"It means so much, not only to me, but to the team, to make the conference tournament," senior infielder Kristen Uthe said. "We've made it the

past three years. I've been there, and I don't expect this team not to do the same."

The Bearcats wanted to go into the week-long break on a high note, and they did so knowing the importance of the games against Lincoln and Lindenwood for the conference tournament.

Against Lincoln, the Bearcats mustered up 24 hits in their 8-2 and 10-5 victories. Freshman Chantel Adams put the Bearcats on the board first with her ninth home run of the season. Abbie Vitosh and Sarah Baldwin calmed the Lincoln bats in the pair of victories, each picking up a win.

Northwest then traveled to Lindenwood, where it dropped the first game 3-2, but bounced back with a crucial win in extra innings, 6-5.

Junior first baseman Stephanie Mark doubled to left-center to score senior centerfielder Jordan Ereth and put the Bearcats ahead. Baldwin came in the bottom of the eighth inning and shut down the Lions.



BRIA CREEDEN | NW MISSOURIAN

Sophomore pitcher Sarah Baldwin tries to make a play on the ball against Fort Hays State April 5 at home. The Bearcats are in 7th place in the MIAA after picking up three wins out of four games against Lincoln and Lindenwood last weekend.

As the Bearcats use this week-long break to prepare for defending national champions Central Oklahoma, they look forward to showing teams what they are all about in the conference tournament - if they can make the cut.

"I want a chance to go to the conference tournament and play some of the teams we lost to early in the season," Uthe said. "We are a better team now than when we first

started; I know we would be able to beat them in a rematch."

The Bearcats will face MIAA first-place Central Oklahoma with first pitch set for 2 p.m. Saturday at home.

Lorek splits track up for 3 separate meets this weekend

DAULTON PERRY
Missourian Reporter | @NWMSports

The Northwest track and field team competed in Columbia April 12-13 and set five provisional marks along with 12 top-five finishes on the men's and women's teams in preparation for a cross-country trip to Oregon.

The Bearcats will only send 15 athletes to Oregon, and head coach Scott Lorek is optimistic about how his athletes will compete.

"We are looking to get out there to just run fast, and we aren't going out there to just win stuff; we just want really good people to chase," Lorek said.

Lorek was pleased with his athletes, despite having to battle the elements at the MU Relays last weekend.

"The weekend went really well, even through the high winds," Lorek said. "We did a lot of things, times-wise, but I think the wind really hindered us. I think we were really close to doing some really good things;

| MU RELAYS FINISHES | |
|-------------------------------|------------------|
| ASHTON NIBERT 400-METERS | 55.55 SECONDS |
| LEKIESHA MCKNIGHT SHOT PUT | 14.59 METERS |
| FIONA MOLONEY SHOT PUT | 13.74 METERS |
| WILL HAER POLE VAULT | 5.00 METERS |

however, we made a lot of technical improvements."

For the women, the provisional marks came from senior Ashton Nibert in the 400-meter dash with a time of 55.55, and senior Lekiesha McKnight and junior Fiona Moloney in the shot put with throws of 14.59 and 13.74 meters for third and fourth place.

On the men's side, senior Will Haer set a provisional mark and placed second in the pole vault with a 5.00-meter vault. Junior Zac Bendrick set a provisional in the shot put and took second with a 16.19 meter throw.

The Bearcats will compete in three different meets over the weekend that include the KU Relays, the UCM Mules Relay and the Oregon Relays.

Top golfers enter final stretch of careers after assisting with uprising of program

JOEY TUCKER
Chief Sports Reporter | @joetuck311

The end of an era is drawing near for Northwest golf, as two of its top performers in program history will play in their last conference tournament April 21.

Seniors Cassie Lowell and Kristina D'Angela have been impact players since they stepped foot on campus. Lowell swung her way to MIAA Freshman of the Year honors in 2011 before claiming MIAA Player of the Year in just her sophomore season.

Head coach Pat McLaughlin said that each player's development over the years has left a significant impression on the entire Bearcat team.

"They've shown a lot of improvement in their own game, as well as being good leaders for the other girls to show if you work hard, good things can be done," McLaughlin said. "That's helped the overall persona, if you will, of the whole team."

"Their leadership for the team, as well as their golf skill, set has really

helped mold the team into more of a unit instead of just a bunch of individual golfers."

Lowell and D'Angela took over as team captains the last two years, with D'Angela taking charge of the workout program for each of the girls. With their leadership, the Northwest golf program, which became a varsity team just eight years ago, has reached new heights.

"We were making some positive strides in our first few years (as a program)," McLaughlin said. "But once these ladies came onto the scene, we really started having more success and better teams and really allowed us to do some special things that enabled us to do as well as we have in the conference and in the region."

The 'Cats have finished third in the MIAA Championships the past two years and are consistently one of the top 10 schools in the Central Region.

In her sophomore season, Lowell finished first in the MIAA Championships, following that up with a third-place finish a year ago while D'Angela

chipped in with a 28th-place finish.

Besides golfing at a high level, Lowell and D'Angela are also excellent students. Each student-athlete has brought home the National Golf Coaches Association Academic All-American award multiple times.

The success and camaraderie on and off the greens that has been present within the program has spurred other talented golfers to make the trek to Maryville.

"When I visit with recruits, I always take an opportunity to have the recruits visit with a couple of the girls as well," McLaughlin said. "And it's been very helpful to have them explain what our program is about from a student perspective as well as the coach's perspective. I think the girls really pick up on that and recognize that type of personalities they have and what they bring to the table. And I think overall it's helped in recruiting new players."

Northwest competes in the MIAA Conference Championships April 21-23 at Alvarado Golf Course in Lawrence, Kan.

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Go online for a full-game story of the Spoofhound baseball team after taking on Savannah.



Spring game triggers fall anticipation



TREY WILLIAMS | NW MISSOURIAN
Brady Bolles, entering his junior season for Northwest, will take over as the starting quarterback for head coach Adam Dorrel. Bolles is following in older brother Blake Bolles' footsteps, who won a Division II national title in 2009 under former head coach Mel Tjeerdsma.

Bolles follows in family footsteps, takes QB reigns

CHRIS SCHOONOVER
Sports Editor | @schoon54

The last name Bolles is synonymous with quarterback greatness in Maryville, and with a new Bolles preparing for his first season as starter for the defending national champions, expectations will be sky high.

Will-be junior Brady Bolles is in line to take over the starting spot this fall, much like his brother, Blake Bolles, did in 2008 as the guy under center.

Blake Bolles holds the Northwest record for the most passing yards in a season in 2009 with 4,145 and the third highest total in 2010 after compiling 3,846 through the air. Blake Bolles is also the career leader in passing yards with

8,668.

With massive shoes to fill replacing the MIAA Offensive Player of the Year Trevor Adams and living up to a family legacy, head coach Adam Dorrel has watched his new quarterback become acclimated to his new role.

"I feel like handling that situation comes with understanding the situation, looking at it and being realistic and setting realistic goals," Dorrel said. "I think he's done a pretty good job with it so far, and we'll continue to work with him on it, and I know he'll continue to address."

With Blake Bolles playing in Germany with the Munich Cowboys, getting feedback and advice from his older brother has been difficult, but Brady Bolles is taking in everything he can get when he can talk to Blake Bolles.

"Communication has been a little off, but I was able to talk to him in the middle of spring ball, and he gave me some really good tips to make sure the offense is ready to go every day," Brady Bolles said. "He's helped out a bunch."

Despite not having full-time starting duties last season, Brady Bolles used his legs to keep defenses on their toes with his ability to run off bootlegs and designed runs, along with having the arm to complete deep balls off play-action.

Brady Bolles racked up 19 total touchdowns—seven passing and 12 rushing—last season, but will have to adjust to the full playbook instead of just specific packages.

SEE **BOLLES** | A9

'Cats all set for possible repeat title



The rings are handed out, and "2014" is hanging on the press box commemorating the national championship. With the annual spring game now in the rearview mirror, a broad outline of what is to be expected in the fall has come in full view, because it's never too early to talk football in Maryville.

The offense:

Brady Bolles will take over under center for the defending national champs, and with big-game experience against Pittsburg State and Missouri Southern, the junior quarterback is set up for success.

His legs were his prime weapon last season, but he showed off his arm occasionally on play-actions and bootlegs. Obviously, he will have to expand his arsenal to keep the Bearcats in national title contention.

At running back, Phil Jackson II waited—with zen-like patience—during the regular season and began to show flashes of No. 1 running back potential in the playoffs. His touches were limited at the spring game—21 yards on four carries—but he did score the game's first touchdown.

If Jackson picks up from where he left off last year, he could be an 800-yard rusher for Northwest, with Robert Burton III as a solid backup.

At wide receiver, the Bearcats will return Bryce Young, Justin Fulks, Reuben Thomas and Jason Jozaite to the mix with the only departure being Clint Utter.

Thomas did not participate in the spring game and was not on the sidelines for reasons unknown, but if he does return, he is an elite weapon

SEE **REPEAT** | A9



CODY SIMMONS | NW MISSOURIAN
Junior midfielder Maddie Jones fights for position with a Lafayette player during a 5-1 win April 10 at the 'Hound Pound. Maryville is out to an 8-0 start to the season and defeated Benton 10-0 Tuesday.

Maryville girls face final 2 games before crucial tourney

DALTON VITT
Asst. Sports Editor | @DaltonVitt

After facing its first tight contest and true test of the season, the Maryville girls soccer team bounced back in a typical big way Tuesday.

The Spoofhounds beat down MEC foe Benton 10-0 in St. Joseph behind a pair of hat tricks from their two most reliable scorers.

"(Benton) has been struggling this year, but we played up to our potential," head coach Dale Reuter said. "We kinda started off a little slow, but consistently all the way through ... We played pretty good ball (Tues-

day.)"

Senior forward Ashton Reuter and sophomore forward Mollie Holtman scored four goals and three goals, respectively, to boost Maryville to its eighth straight victory to start the season.

The Spoofhounds finished off the Cardinals early in the second half with a goal in the 43rd minute from freshman midfielder Meghan Yarnell.

The other two goals came from senior midfielder Cassie Holtman and junior midfielder Angie Meyers.

SEE **TOURNEY** | A9

SPOOFHOUND GOALS VS. BENTON

- 1: ANGIE MEYERS; 4TH MIN
- 2: MOLLIE HOLTMAN; 5TH MIN
- 3: MOLLIE HOLTMAN; 8TH MIN
- 4: MOLLIE HOLTMAN; 11TH MIN
- 5: ASHTON REUTER; 19TH MIN
- 6: ASHTON REUTER; 25TH MIN
- 7: ASHTON REUTER; 33RD MIN
- 8: ASHTON REUTER; 39TH MIN
- 9: CASSIE HOLTMAN; 42ND MIN
- 10: MEGHAN YARNELL; 43RD MIN

Loe, baseball scrapping for rare MIAA tourney berth

JONATHAN BAKER
Missourian Reporter | @NWMSports

With two weekends of the regular season left to play, the Northwest baseball team continues to fight for its spot in the MIAA Conference Tournament - a position the baseball program has not been in since 2010.

Tournament play awards spots to the top eight finishers of the conference, with the top four seeds hosting first-round matchups. The remaining rounds will be played in Springfield, Mo.

The Bearcats, which sit at 20-17 overall and 15-14 in the MIAA, hold the seventh position by one game. Seeds four through 10 are all in a tight race within four games of one another.

Northwest controls its own destiny with a series this weekend against fourth-slotted Emporia State (25-14, 19-13). In a four-game series, taking three games would result in moving the Bearcats within a game of grabbing the fourth seed. This increases the amount of importance for head coach Darin Loe's squad to finish strong.

"It's obviously time to get hot and put everything together," Loe said. "I think we took a step in the right direction the last couple weeks. We've pitched very well and played really good defense."

Loe's pitching staff, along with defense, holds the numbers to stand behind that statement. The Bearcat pitchers have an earned run average of 5.31. The defense has a combined fielding percentage of .966.

Both numbers have greatly increased from previous years, in large part thanks to the experience of upper-classmen.

Senior Ryker Fox has arguably had the best year pitching for Northwest with a record of 6-2 and an ERA of 4.02. Austin Warren, another senior, hangs onto a 2-3 record with a team-leading 3.71 ERA.

"[Fox] has really anchored our



KELVIN DUKU | NW MISSOURIAN

Sophomore Tanner Smith deals a pitch to Central Missouri April 12.

pitching staff all year," Loe said. "I think both he and Austin Warren have thrown the ball well in our number one and two spots. We need those guys to continue doing what they've been doing and giving us an opportunity to win at the end of the day."

Northwest's series with Emporia State begins with a doubleheader starting at 2 p.m. Friday. Another twinbill beginning at 1 p.m. Saturday closes out the four-game set.

The Bearcats beat Midland 4-3 in a one-game set Tuesday before preparing for the doubleheader.

Fox wants nothing more than to see Northwest continue its high level of play and obtain a MIAA Tournament spot.

"It will help bring the Northwest baseball program to where it needs to be: the top," Fox said. "If everything works the way we hope it does, Northwest baseball is ready to shock the MIAA. Why not us?"